

## OUR SURGEONS



Mr Justin Wong  
MBBS, BMedSci,  
FRACS (Orth), FAOrthA



Mr Dirk van Bavel  
MBBS, PGCME  
FRACS (Orth), FAOrthA



Mr Ben Campbell  
MBBS, BMedSci  
FRACS (Orth), FAOrthA

We encourage you to make your referrals to 'Melbourne Hip and Knee' and allow us to organise the best, most efficient and convenient management for your patient.

# MELBOURNE HIP AND KNEE NEWSLETTER

February 2018

Melbourne Hip and Knee is a group of Orthopaedic Surgeons who specialise in the management of Hip and Knee problems. Created especially for GPs and distributed regularly, our newsletter aims to bring you useful information to assist you in the management of your hip and knee patients. Please contact us if you would like any further information on any of the subjects covered.

## ROBOTIC ASSISTED JOINT REPLACEMENT

Joint replacement operations have an excellent success rate, helping patients who were previously crippled by painful and stiff arthritic joints walk again. During the operation the surgeon cuts and prepares the bone, then places the new prosthesis as accurately as possible in position using a series of jigs, saws and other instruments. Our aim is always to be as accurate as possible, but most studies show some variability in how well we achieve this.

Our attempts at accuracy are now helped by the availability of a surgical robot that helps with the planning and execution of the operation. The most commonly used robot in Australia is the MAKO robot. This has been used for over 10 years in the USA but has been available in Australia for partial knee replacements for 2 years, total hip replacement for 1 year, and is now available for total knee replacement as well.

In 2017 the AOA national joint replacement registry showed a one-year revision rate of the MAKO partial knee replacement to be 0.8%, which is the lowest of all listed prosthesis. The average for all prosthesis was 2.2%.

MHK surgeons have performed the first robotic total knee replacement in Victoria, as well as performing the first robotic total hip replacement and partial knee replacement at the Epworth Hospital.

Mr van Bavel has also been invited to speak at a national AOA conference in March on the use of robotics for joint replacement.

## GP EDUCATION SESSIONS

Melbourne Hip and Knee run a program of **GP education** sessions throughout the year. All events are accredited by the **RACGP** and **CPD points** are awarded to all attendees. These sessions are very popular and spaces always fill quickly.

Look out for your invitation in the mail and please RSVP quickly if you would like to attend. For any further information please contact our Practice Manager Claire via [claire@melbournehipandknee.com.au](mailto:claire@melbournehipandknee.com.au)

## Our surgeons consult at a combination of the following locations:

- ❖ MHK Hawthorn
- ❖ Knox Private Hospital
- ❖ Epworth Eastern
- ❖ Berwick Consulting Suites
- ❖ Melbourne CBD
- ❖ Lilydale Specialist Centre
- ❖ Bellbird Private Hospital

All appointments are conveniently made through our main rooms:  
Phone: 9882 7753 Fax: 9882 6114

## MELBOURNE HIP AND KNEE NOW OFFERS AFTER HOURS APPOINTMENTS

At Melbourne Hip and Knee we understand that despite the pain and problems that patient's have with their joints, they still have work and other commitments during the day. To help your patients receive expert orthopaedic advice we now have a limited number of **early morning** and **evening** appointments available each week for new patients. Please contact our staff to organise an after hours appointment.

To book an appointment with Melbourne Hip and Knee please contact our friendly staff on:  
Phone 9882 7753 Fax 9882 6114  
[info@melbournehipandknee.com.au](mailto:info@melbournehipandknee.com.au) [www.melbournehipandknee.com.au](http://www.melbournehipandknee.com.au)