

How to record a walk

Garmin watch device overview



- Always perform your walk outside
- From the watch face press  (Button 2)
- Select run by pressing  (Button 2) again
 - (Don't worry you will be walking)
- Wait for the message "GPS is ready" on screen
- Press  (Button 2)
- Walk
- After the walk press  to stop (Button 2)
- Press  (Button 4)
- Select "save". Press  Select (Button 2)
- Press  (Button 3) 3 times to return to the watch face.